



#StartWithHealthy
Rock out with us in Baton Rouge

It's fun and it's free — for everyone

Humana and the Rock 'n' Roll Racing Series have teamed up to make this year's Rock 'n' Roll 5K bigger than ever. So grab your friends and family, head to **North Boulevard Town Square in Baton Rouge on Oct. 8, 2016** and get ready to rock! Take it from us – this event is a lot of fun! And, it's open to runners and walkers of all ages and fitness levels.



Is this your first 5K? No sweat! Get in on the fun and you'll be hooked.



HumanaVitality® members earn Vitality Points™ just for participating.



Everyone receives a free custom race medal — who doesn't love a little bling?



#StartWithHealthy on Facebook, Twitter or Instagram. Share some tips and pics for a chance to be featured!

Humana BATON ROUGE 5K

A TUNE UP RUN FOR

Rock 'n' Roll MARATHON SERIES®



Register for **FREE** and see all the details at:
Runrocknroll.com/humana/baton-rouge

